

The Shrewsbury and Telford Hospital

NHS Trust

Hospitals:

Our trust is made up of two main semi-rural hospitals, the Royal Shrewsbury and Princess Royal (in Telford), about 25min drive from each other.



Ward block, Royal Shrewsbury



Rooftops accommodation

Accommodation:

There is little accommodation on site (called Rooftops) so roughly half of F1s choose to live in Shrewsbury and half in Telford. We recommend reaching out to other F1s on group chats and house hunting together.

Positives of working in Shrewsbury and Telford:

- Teaching and self-development time is well protected (unless on call)
- As smaller hospitals you get to know colleagues very well, making it friendly
- Trusted to clerk patients in A&E (when on medical take) and cover ward from day 1, although scary initially it means you learn lots!
- Many opportunities to practice skills and observe procedures (endoscopy, ascitic taps and drains, etc.)
- If on surgery, F1s report lots of opportunities to attend theatre if interested

Our recommendations

- Having a car is not essential but makes travelling between the two hospitals and into surrounding areas much easier
- Download the BNF and always carry several pens as are still on paper including prescriptions. You get used to it very quickly so don't worry!

What we love about living Shrewsbury/Telford:

- From our experiences, cheaper than being in a big city
- Lots of amazing foodie spots including Beefy Boys (home to the UK's best burger) and many pubs (>90!!)
- Lots of independent shops in town, including the Market Hall
- River Severn loops around Shrewsbury
- Lots of sporty activities – running clubs, rowing, paddle boarding
- Surrounded by beautiful Shropshire and Welsh countryside
- The Telford Centre has over 160 different shops



Market Hall has won 5 consecutive national awards

Dough & Oil has the BEST pizza

Direct trains to Manchester, Cardiff and Birmingham



Lots of cafes and coffee shops

The Quarry park

