



**National Foundation
Doctors Presentation
Day**

 **UK
Foundation
Programme**

Programme

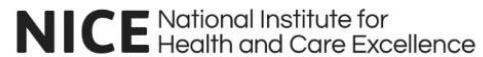
**Friday 17
January 2025**

Sheffield United Football Club, 2 Bramall Ln, Highfield, Sheffield S2 4SU

Contents

Introduction	3
Speakers and session chairs	4
Timetable	7

We are very grateful for the continued support from the following organisations, who have kindly given up their time to support the event.



Trade stands

Helen Johnson, Ashley Byford, Catherine Gouveia
NHS England (enhance programme)

Phil Greenwood,
Institute of Medical Ethics

Emily Nicholas,
General Medical Council

Sandiep Sekhon,
The MDU - Professional medical indemnity

We would like to warmly thank our faculty who have kindly given up their time to support the event by shortlisting abstracts, judging on the day and providing logistical support on the day.

Introduction

Welcome to the National Foundation Doctors Presentation Day 2025. This event is proudly hosted by the UK Foundation Programme Office (UKFPO).

We are thrilled to offer this opportunity for current foundation doctors to present their work at a national meeting and look forward to seeing and hearing about their contributions to medicine and to the NHS.

We are really looking forward to welcoming you in person at Sheffield United Football Club.

Format

Foundation doctors from across the UK were invited to submit abstracts relating to quality improvement / sustainability work, education, research or original work, and clinical case reports undertaken during their Foundation Programme training.

Successful applicants have been invited to present on the day, with the top abstracts being selected for either oral or poster presentations. Oral presentations are 10 minutes in length, with 8 minutes to present and 2 minutes for questions. Poster presentations are carried out in a “mini-oral” format, with 2 minutes to explain the key messages of the poster and 1 minute for questions.

Category winner

The oral presentations and each poster group are judged by their category group panel. One oral presentation and one poster from each poster group will be selected as the category winner. The oral presentations and each poster group will be marked by panels of judges against a set of criteria including choice of subject; presentation and visual aid; depth of knowledge, evidence or research, literature review; and conclusions.

About the National Foundation Doctors Presentation Day

For over ten years, the National Foundation Doctors Presentation Day has highlighted and celebrated the achievements of foundation doctors.

Like a conference in format, the event also provides opportunities for organisations such as the GMC, NICE, NCEPOD and more to engage with this dynamic and enthusiastic cohort of doctors at the start of their career.

Fascinating speakers have volunteered to give the keynote talk, covering all sorts of topics – expeditions to Everest, delivering a baby gorilla by caesarean, sleep, caving rescues and more! This year we are delighted to be welcoming Dr Navina Evans, Chief Workforce, Training and Education Officer for NHS England, as our keynote speaker.

The primary focus, however, is on FY1 and FY2 doctors delivering oral and poster presentations, showcasing their work in sustainability, case reports, education, research and quality improvement to their peers and senior foundation faculty, and inspiring us all.

Speakers and session chairs



Dr Mike Masding, MA (Ed) FRCP

Dr Mike Masding is co-chair of the UK Foundation Programme Office and the Lead Foundation School Director in England. He has previously been Head of Wessex Foundation School, and Foundation Programme Training Director and Director of Medical Education at the trust where he does his clinical work. The subject of his MA(Ed) dissertation at the University of Winchester in 2010 was workplace supervision of foundation doctors. He divides his time between UKFPO and clinical work as a Consultant Physician & Diabetologist.

Dr Navina Evans MBBS DCH MRCPsych CBE

Navina is the Chief Workforce, Training and Education Officer at the new NHS England, leading the Workforce, Training and Education (WT&E) Directorate. This means that NHS England has now taken on responsibility for all activities that were previously undertaken by HEE. This includes planning, recruiting, educating, and training the health workforce; ensuring that the healthcare workforce has the right numbers, skills, values and behaviours in place to support the delivery of excellent healthcare and health improvement to patients and the public.



Dr Navina Evans was HEE CEO from October 2020 to April 2023. HEE was part of the NHS, and worked with partners to plan, recruit, educate and train the healthcare workforce.

Previously Chief Executive of East London NHS Foundation Trust (ELFT) from 2016 to October 2020, Navina has over twenty years of clinical experience in psychiatry, medicine and paediatrics and previously held the positions of Deputy Chief Executive and Director of Operations.

Navina has worked as the Clinical Director for Child and Adolescent Mental Health Services at ELFT. She has also been involved in medical education and provided pastoral care to medical students. Navina acts as a trustee for Think Ahead Organisation which develops training programmes for mental health social work. She was awarded an honorary fellowship by the Royal College of Psychiatrists in 2020. She is a senior fellow at the Institute of Healthcare Improvement. Navina uses her voice in support of staff wellbeing and coproduction with patients, advocating for the best possible quality of life and creating a culture of enjoying work for staff. She was awarded the Commander of the British Empire in the 2020 New Year's Honours List for services to NHS Leadership and the Black, Asian and Minority Ethnic community.

Dr Darya Dasha Ibrahim

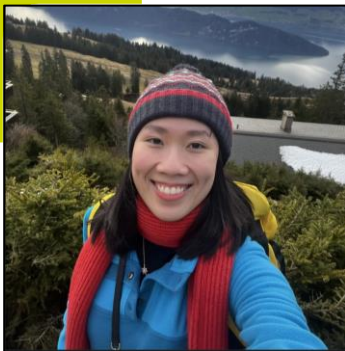
Dr Dasha Ibrahim is a Specialised Foundation Year 2 Doctor in Leadership based at Manchester Foundation Trust, currently working in the Emergency Department.

As one of two UKFPO Fellows for 2024-25, Dasha is working on several projects, with a primary focus on addressing sexism and sexual harassment.

Dasha is passionate about Health Management and Leadership, with a particular interest in promoting Equality, Diversity, and Inclusion in healthcare.



Dr Jie Fei Lau



Dr Jie Fei Lau is a Malaysian FY2 doctor on the enhance Foundation Programme at Tameside Hospital, Greater Manchester and a UKFPO Fellow. Having graduated from the University of Aberdeen, Scotland, she loves sharing tales of her rural placements from the Outer Hebrides to the rugged coasts of Shetland to the Scottish Highlands. Her medical school experience has inspired her to incorporate her interest in medical humanities and remote & rural medicine in her UKFPO project “Humans of the Foundation Programme”- a platform for resident doctors to share their stories and spread creativity.

Additionally, Jie Fei works closely with the North West Foundation Forum to continue the work on widening access to training opportunities amongst resident doctors. She is keen on collaboration and looks forward to meeting like-minded individuals in this space.

Outside work, Jie Fei enjoys rock climbing in the Peak District and piano-playing in the quiet moments.

Dr Fiona Cameron

Dr Fiona Cameron is Foundation School Director in Scotland and Chair of the AoMRC Foundation Programme Committee (AFPC). The AFPC is responsible for curriculum development and implementation. She has previously been Training Programme Director and RCoA regional adviser for Anaesthesia in the east region of Scotland. She is a Primary FRCA examiner and was Chair of the clinical subcommittee. She divides her time between her commitment to Foundation and clinical work in critical care and anaesthesia.





Dr Lorraine Parks, MMEDSci, FFARCSI

Dr Lorraine Parks is Associate Postgraduate Dean & Director of Foundation Training for Northern Ireland. Dr Parks graduated in Medicine from Queen's University in 1991, and after completing Specialty training was appointed as a Consultant Anaesthetist in 2001. Throughout her career Dr Parks has had an interest in Medical Education. She was involved in the redesign of the QUB Undergraduate Medical curriculum 1998-2000 and appointed QUB Honorary Lecturer in 2001, progressing to Senior Lecturer in 2007.

In 2012, Dr Parks was appointed to the Northern Ireland Medical & Dental Training Agency (NIMDTA), to lead on the development and delivery of the Foundation Regional Teaching programme.

In 2016 she was appointed Deputy Director of the Foundation School, a post which she held until her appointment as Director of the Foundation School in 2018.

Dr Alison Ingham

Dr Alison Ingham is the Deputy Foundation School Director for Wales and works as a consultant anaesthetist and intensivist in Bangor, North Wales. She was previously Foundation Training Programme Director in Bangor, and has also held educational roles in Undergraduate, ACCS and Intensive Care Medicine training. She has a leadership role in organ donation and sits on the National Organ Donation Committee. Currently she is undertaking a Diploma in Tropical Medicine and helping develop a partnership between her department in Bangor and a hospital in rural Sierra Leone. Outside of work she enjoys anything to do with mountains or the sea, for which Bangor is ideally located.



Timetable

Sheffield United Football Club, 2 Bramall Ln, Highfield, Sheffield S2 4SU

Time	Activity	Session Chair	Room
08:30-09:15	Registration, collection of name stickers, refreshments FDs to mount posters (<i>see rooms list</i>)		
09:15-09:25	Welcome, housekeeping and introduction Dr Mike Masding, Co-Chair of UKFPO		Pavillion
09:25-09:35	Travel to poster rooms		
09:35-10:35	Set 1: Oral Presentations x 5 (10 minutes each)	Dr Mike Masding	Pavillion
	Poster group 1: CR01: Case Report Poster Group 1		Directors Boardroom
	Poster group 2: CR02: Case Report Poster Group 2		Tony Currie
	Poster group 3: RO01: Research/original work Group 1		Sensory
10:35-10:50	Refreshments & changeover (<i>Trade stands and poster viewings</i>)		
10:50-11:50	Set 2: Oral Presentations x 5 (10 minutes each)	Dr Lorraine Parks	Pavillion
	Poster group 4: RO02: Research/original work Group 2		Directors Boardroom
	Poster group 5: ED01: Education Poster Group 1		Tony Currie
	Poster group 6: ED02: Education Poster Group 2		International
11:50-12:00	Changeover / comfort break / trade stands and poster viewings		
12:00-13:00	Set 3: Oral Presentations x 5 (10 minutes each)	Dr Fiona Cameron	Pavillion
	Poster group 7: QS01: QI / sustainability Poster Group 1		Tony Currie
	Poster group 8: QS02: QI / sustainability Poster Group 2		International
	Poster group 9: QS03: QI / sustainability Poster Group 3		Level 2 corridor
13:00-14:00	Lunch (<i>Trade stands and poster viewings</i>)		
14:00-15:00	Set 4: Oral Presentations x 5 (10 minutes each)	Dr Alison Ingham	Pavillion
	Poster group 10: QS04: QI / sustainability Poster Group 4		Tony Currie
	Poster group 11: QS05: QI / sustainability Poster Group 5		International
	Poster group 12: QS06: QI / sustainability Poster Group 6		Level 2 corridor
15:00-15:15	Changeover / comfort break / trade stands and poster viewings		
15:15-15:35	UKFPO Fellows Dr Jie Fei Lau Dr Darya Dasha Ibrahim	Dr Mike Masding	Pavillion
15:35-16:10	Keynote speech Dr Navina Evans MBBS, DCH, MRCPsych	Dr Mike Masding	Pavillion
16:10-16:30	Oral & poster presentations winners Dr Mike Masding, Co-Chair of UKFPO Dr Navina Evans MBBS, DCH, MRCPsych	Dr Mike Masding	Pavillion



End

