Foundation Programme Curriculum Resource

UK Foundation Programme

This additional resource aims to assist foundation doctors, clinical supervisors, educational supervisors and other key members involved in delivering foundation training, in improving their knowledge and understanding of the generic and clinical topics as set out in the foundation programme curriculum 2016; it is important to note however, that this resource does not provide additional information underpinning every element of becoming a successful doctor. This resource is not exhaustive but highlights national guidance and protocols available to support each of the curriculum's foundation professional capabilities.

There are a wealth of resources available to help consolidate and develop knowledge and skills to deliver safe and effective patient care.
This resource lists many of those freely available evidence-based resources.

With helpful web links and guidance notes, it draws on a range of sources including e-Learning for Healthcare (e-LfH), British Medical Journal (BMJ) and Drs.net.

We hope that you find this additional resource helpful and that it adds value to your training.

The UKFPO are committed to ensuring that this resource is as up-to-date as possible. If you are aware of any expired links within the resource or wish to highlight any other free guidance that could be included please email:

enquiries@foundationprogramme.nhs.uk

This document is intended as an interactive web resource. Printing is not advisable as the resource is updated on a regular basis.

1. **Professional behaviour and trust**

2. **Communication, team working and leadership**

3. **Clinical care**

4. **Safety and quality**

Section 1: Professional behaviour and trust

Foundation professional capabilities	Online resource
(1) Acts professionally	This topic is covered by an e-LfH training session. Please log into your e-LfH account (http://portal.e-lfh.org.uk/) and search for session codes or select the link: Professional behaviour: Handling Complaints (000-1047)

This topic is covered by a Drs.net training session. Please click onto the link below: Equality and Diversity |
| (2) Delivers patient centered care and maintains trust | This topic is covered by an e-LfH training session. Please log into your e-LfH account (http://portal.e-lfh.org.uk/) and search for session codes or select the link: Mental Capacity (000-1077) Mental Capacity Assessment (000-1078) Use of Restraint (000-1028) Capacity and Difficult Consent (000-1076) Patient Autonomy and Related Ethics (000-1075) Safeguarding Vulnerable Adults (000-1012) Confidentiality and Privacy (000-1039) Keeping the Patient at the Centre of Care (000-1043) Seeing the Whole Picture (000-1044) Family Dynamics Affecting Discharge (000-1033) Blood Transfusion and Consent Scenario (102-1002) Mental Capacity Act and Death Certification (102-1003)

This topic is covered by BMJ training sessions. Please click onto the links below: How to calculate treatment risks and help patients make informed decisions(10017705) Working in effective partnership with patients (10050243) |

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Section 1: Professional behaviour and trust

Foundation professional capabilities	Online resource
(3) Behaves in accordance with ethical and legal requirements	This topic is covered by an e-LfH training session. Please log into your e-LfH account (http://portal.e-lfh.org.uk/) and search for session codes or select the link: Confidentiality and Privacy (000-1039) Mental Health Act (000-1011) Mental Capacity (000-1077) Mental Capacity Assessment (000-1078) HIV Testing (000-1079) Capacity and Difficult Consent (000-1076) Use of Restraint (000-1028) How to Avoid the GMC Disciplinary Committee (000-1082) DVLA (000-1080) Completion of the Medical Certificate of Cause of Death Part 3 (780-0005) Infection Control: Diarrhoea in an Inpatient (000-1063) GMC Registration and Post Graduate Observation (000-1088) Safeguarding Children: Level 1 (743_0011) Safeguarding Children: Level 2 (743_0018) Safeguarding Adults: Level 2 (743_0017) Safeguarding Vulnerable Adults (000-1012) Data Security Awareness – Level 1 (743-0008) Blood Transfusion and Consent Scenario (102-1002) Mental Capacity Act and Death Certification (102-1003) This topic is covered by BMJ training sessions. Please click onto the links below: The Mental Health Act: the 2007 Amendment (10011551) The Mental Capacity Act (10056725) Child protection: physical abuse (10027240) Child protection: emotional abuse, sexual abuse, and neglect (10028231) Consent (10012287) Contraception in young people under the age of 18 (10060440)

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Section 1: Professional behaviour and trust

Foundation professional capabilities	Online resource
(4) Keeps practice up to date through learning and teaching	This topic is covered by an e-LfH training session. Please log into your e-LfH account (http://portal.e-lfh.org.uk/) and search for session codes or select the link: Supervised Learning Events in the Foundation Programme: An Introduction (000-1100) Principles of Assessment (000-1101) Making the Best Use of Multi-Source Feedback: A Trainee Guide (000-1104) Getting the Most from Direct Observation of Procedural Skills (DOPS) (000-1105) Getting the Most from a Case Based Discussion (CBD) (000-1106) Getting the Most from a Mini-Clinical Evaluation Exercise (Mini-CEX) (000-1107) Getting the Most Out of Supervised Learning Events: Feedback and Reflection (000-1102) Getting the Most Out of Supervised Learning Events: Reflection After Feedback 000-1094) How do Adults Learn? (000-1094) Teaching: Delivering a Formal Teaching Session (000-1095) Teaching: Clinical Practice, Bedside or Opportunistic Moments (000-1096) Obtaining Feedback for Personal Development (730-2014) This topic is covered by a Drs.net training session. Please click onto the link below: Learning and Studying Efficiently
(5) Demonstrates engagement in career planning	There are no relevant e-learning modules available for this

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Section 2: Communication, team working and leadership

Foundation professional capabilities	Online resource
(6) Communicates clearly in a variety of settings	This topic is covered by an e-LfH training session. Please log into your e-LfH account (http://portal.e-lfh.org.uk/) and search for session codes or select the link: Communication Skills (000-1005) Communicating Treatment Risks to Patients (000-1051) Breaking Bad News (000-1036) Bereavement Process (000-1037) Organ Donation and Related Communication Skills (000-1035) Medical Error: When Things Go Wrong (000-1050) Handling Complaints (000-1047) Learning from Complaints (730-3043) Primary, Secondary Care Interface (000-1055) Effective Referrals to Other Clinical Teams (000-1060) Impact of Short-term and Long-Term Physical Problems on Daily Living (000-1031) Assessment of Ability to Self Care after Discharge (000-1032) Family Dynamics Affecting Discharge (000-1033) Management of Long Term Disease in the Community (000-1034) This topic is covered by BMJ training sessions. Please click onto the links below: Breaking bad news: a how to do it guide (10056755) Communication skills (10056676) Complaint management (10013164)

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Section 2: Communication, team working and leadership

Foundation professional capabilities	Online resource
(7) Works effectively as a team member	This topic is covered by an e-LfH training session. Please log into your e-LfH account (http://portal.e-lfh.org.uk/) and search for session codes or select the link: Team Working and Patient Safety (000-1097) Good Handover Practice (000-1008) Effective Referrals to Other Clinical Teams (000-1060) Primary, Secondary Care Interface (000-1055) Ward and Therapy Services (000-1058) Ward and Social Services (000-1059) Team Dynamics (730-2015) Effective Team Working (730-2016) This topic is covered by BMJ training sessions. Please click onto the links below: How to get the best out of your team (10061459) Understanding resilience in the workplace (10060244) Building professional relationships (10061504)
(8) Demonstrates Leadership	This topic is covered by an e-LfH training session. Please log into your e-LfH account (http://portal.e-lfh.org.uk/) and search for session codes: Feedback for Personal Development (730-2014) Team Dynamics (730-2015) Effective Team Working (730-2016) Errors and Experiences in Healthcare (730-3037) Minimising Risk in Healthcare Organisations (730-1016) Learning from Complaints (730-3043) This topic is covered by BMJ training sessions. Please click onto the links below: Emotional intelligence (10060745) The Art of Effective Feedback (10060330) How to get the best out of your team (10061459)

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Foundation professional capabilities	Online resource
(10) Recognises, assesses and manages patients with long term conditions	This topic is covered by an e-LfH training session. Please log into your e-LfH account (http://portal.e-lfh.org.uk/) and search for session codes or select the link: Impact of Short-term and Long-Term Physical Problems on Daily Living (000-1031) Ward and Therapy Services (000-1058) Assessment of Ability to Self-Care after Discharge (000-1032) Ward and Social Services (000-1059) Nutrition and Health (000-1066) Nutritional Assessment (000-1067) Options for Nutrition Care (000-1068) Family Dynamics Affecting Discharge (000-1033) Management of Long Term Disease in the Community (000-1034) This topic is covered by a Drs.net training session. Please click onto the link below: Adult Epilepsy Age-related Macular Degeneration and Diabetic Retinopathy Autism Spectrum Disorder in Children and Adolescents Chronic Daily Headache Diagnosis and Initial Management of Type 2 Diabetes Diagnosis and Management of Benign Prostatic Hyperplasia (BPH) Glaucoma Heart Failure for Primary Care Non-alcoholic Fatty Liver Disease Tremor Urticaria and Angioedema This topic is covered by BMJ training sessions. Please click onto the links below: Hospital presentations: acute kidney injury and chronic kidney disease (10054296) Chronic obstructive pulmonary disease: diagnosis and assessment of severity (10032711)

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Foundation professional capabilities	Online resource
(11) Obtains history, performs clinical examination, formulates differential diagnosis and management plan	This topic is covered by an e-LfH training session. Please log into your e-LfH account (http://portal.e-lfh.org.uk/) and search for session codes or select the link: Psychiatric Assessment and Mental State Examination (000-1010) Delirium (Acute Confusional States): Recognition and Causes (000-1025) Delirium (Acute Confusional States): Diagnosis and Management (000-1111) Psychotic Disorders (000-1026) Mental Health Act (000-1011) Holding an Outpatient Consultation (000-1110) Hospital Acquired Fever: What to do (000-1061) Hospital Acquired Fever: What to do Next (000-1062) Infection Control: Diarrhoea in an Inpatient (000-1063) Infection Control: Air and Blood Borne Pathogens (000-1064) Ward Laboratory Interface (000-1056) Ward and Imaging Interface (000-1057) Multi-Disciplinary Discharge Planning (000-1030) This topic is covered by a Drs.net training session. Please click onto the link below: Oral anticoagulation in adults - direct oral anticoagulants Bridging (periprocedure) Antithrombotic Treatment Thromboprophylaxis for the Prevention of Hospital-acquired Thrombosis This topic is covered by BMJ training sessions. Please click onto the links below: The prostate: clinical examination (10051778) Cranial nerve examination (10051838) Wrist examination (10053465) Elbow examination (10053110) Shoulder examination and diagnosis (10019901) Knee examination (10048374) Ankle examination (10048359) Hip examination (10047155) Back examination: low back pain and sciatica (10060322) Stroke: differential diagnoses (10014747)

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Foundation professional capabilities	Online resource
(12) Requests relevant investigations and acts upon results	This topic is covered by an e-LfH training session. Please log into your e-LfH account (http://portal.e-lfh.org.uk/) and investigations and search for session codes or select the link: Selection of Investigations (000-1098) Interpretation of Investigations: Practical Application (000-1099) This topic is covered by a Drs.net training session. Please click onto the link below: Basic Blood Gas interpretation This topic is covered by BMJ training sessions. Please click onto the links below: Chest x ray: an essential guide to interpretation (10009899) Arterial blood gases: a guide to interpretation (5004327) Liver function tests: interpreting abnormal results (5003197)
(13) Prescribes safely	This topic is covered by an e-LfH training session. Please log into your e-LfH account (http://portal.e-lfh.org.uk/) and search for session codes or select the link: Medication History Taking and Prescribing on Admission (000-1013) Prescription Writing (000-1181) BNF Usage and Other Prescribing Information Sources (000-1182) Safe use of Injectable Medicines (Part 1) (000-1183) Safe Use of Injectable Medicines (Part 2) (000-1184) Safe Anticoagulation (000-1185) Safe Prescribing in Renal Impairment (000-1186) Prudent Use of Antibiotics (Part 1) (000-1187) Prudent Use of Antibiotics (Part 2) (000-1188) Prudent Use of Antibiotics (Part 3) (000-1189) Safe Prescribing of Insulin (000-1190) Adverse Drug Events (000-1191)

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	Safer Medicines Use Through Concordance (000-1192) Safe Prescription and Risk Management (000-1014) Safe Practice the Doctors Perspective (000-1048) Communicating Treatment Risks to Patients (000-1051) Pain Management (000-1020) Safe Prescribing VTE Scenario (102-1001) Blood Transfusion and Consent Scenario (102-1002) VTE Prevention in Secondary Care (703-0201) This topic is covered by a Drs.net training session. Please click onto the link below: Clinical Blood Transfusion Pitfalls in drug dose calculation and administration This topic is covered by BMJ training sessions. Please click onto the links below: Survival Guide: Safe Prescribing for patients in hospital Injectable medicines: prescribing, preparing, and administering (10009161) Starting patients on anticoagulants in secondary care: how to do it (10056761) Drug errors in hospital practice (5003179)
(14) Performs procedures safely	This topic is covered by a Drs.net training session. Please click onto the link below: Add video library for procedures This topic is covered by a BMJ training session. Please click onto the link below: Airways management course (10057539)
(15) Is trained and manages cardiac and respiratory arrest	This topic is covered by an e-LfH training session. Please log into your e-LfH account (http://portal.e-lfh.org.uk/) and search for session codes or select the link: Discussing 'Do Not Attempt CPR' Decisions (215-0330) This topic is covered by a BMJ training session. Please click onto the link below: Basic life support (10056682)

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(16) Demonstrates understanding of the principles of health promotion and illness prevention	This topic is covered by an e-LfH training session. Please log into your e-LfH account (http://portal.e-lfh.org.uk/) and search for session codes or select the link: Infection Control: Air and Blood Borne Pathogens (000-1064) Enabling Smoking Cessation (000-1069) Risk Factors in Disease (000-1073) Screening (000-1070) Health Needs, Demands and Resource (000-1052) Management of Substance Misuse (000-1071) Management of Alcohol Misuse (000-1072) Managing Obesity: Guiding and Enabling Behaviour Change (620-4) Alcohol Facts (752-012) Alcohol IBA- Assessment (752-014) This topic is covered by a Drs.net training session. Please click onto the link below: Alcohol Use Disorders: Screening, Brief Interventions and Wernicke Prevention This topic is covered by BMJ training sessions. Please click onto the links below: How does physical activity produce health benefits? (10051877) The importance of physical activity (10051859)
(17) Manages palliative and end of life care	This topic is covered by an e-LfH training session. Please log into your e-LfH account (http://portal.e-lfh.org.uk/) and search for session codes or select the link: Bereavement Process (000-1037) Cultural and Religious Diversity and Bereavement (000-1038) This topic is covered by a Drs.net training session. Please click onto the link below: Palliative Care This topic is covered by BMJ training sessions. Please click onto the links below: Palliative care during the out of hours period: in association with Macmillan Cancer Support (10025220) Ask the consultant: Palliative care medicine (10056884) Advance decisions (5004469)

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Section 4: Safety and Quality

Foundation professional capabilities	Online resource
(18) Recognises and works within limits of personal competence	This topic is covered by an e-LfH training session. Please log into your e-LfH account (http://portal.e-lfh.org.uk/) and search for session codes or select the link: Competency in Practice (000-1002) Senior Advice: Who, When and Why? (000-1003) Senior Advice: When to Stop for Help (000-1004) Explaining Evidence/Guidelines/Protocols to Patients (000-1092) Guidelines in Clinical Practice (000-1091)
(19) Makes patient safety a priority in clinical practice	This topic is covered by an e-LfH training session. Please log into your e-LfH account (http://portal.e-lfh.org.uk/) and search for session codes or select the link: Safe Practice the Doctors Perspective (000-1048) Human factors and analysis of adverse events (000-1049) Medical Error: When Things Go Wrong (000-1050) Hospital Acquired Fever: What to do if MRSA positive (000-1061) Hospital Acquired Fever: What to do Next (000-1062) Infection Control: Diarrhoea in an Inpatient (000-1063) Infection Control: Air and Blood Borne Pathogens (000-1064) Infection Control: Modes of Transmission (000-1065) Disease Notification (000-1074) Stress – Mental Health (000-1006) Health (Blood Borne Infection) and Handling Stress (000-1007) An Underperforming Colleague: What to Do? (000-1053) Stress - Bullying (000-1054) Introduction to Patient Safety (000-1041) Quality and Safety in the NHS (000-1042) Raising Concerns about Patient Safety (000-1045) Team Working and Patient Safety (000-1097) Clinical Governance (000-1040) Outcomes and Patient Experience (000-1046) Handling Complaints (000-1047) Errors and Experiences in Healthcare (730-3037) Minimising Risk in Healthcare Organisations (730-1016)

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	This topic is covered by a Drs.net training session. Please click onto the link below: Patient Safety This topic is covered by BMJ training sessions. Please click onto the link below: Patient Safety
(20) Contributes to quality improvement	This topic is covered by an e-LfH training session. Please log into your e-LfH account (http://portal.e-lfh.org.uk/) and improvement search for session codes or select the link: Audit (000-1093) Evidence Based Medicine in Clinical Practice (000-1089) Common Study Designs in Clinical Research (000-1090) Explaining Evidence/Guidelines/Protocols to Patients (000-1092) Guidelines in Clinical Practice (000-1091) Searching the Literature and Locating Papers (706-0004) How to Review a Paper (706-0005) This topic is covered by BMJ training sessions. Please click onto the links below: Introduction to managing others through change

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