

**e-Learning for Healthcare Foundation e-learning programme: Professional Capability: 15 Is trained and manages cardiac and respiratory arrest, Professional Capability: 16 Demonstrates understanding of the principles of health promotion and illness prevention and Professional Capability: 17 Manages palliative and end of life care**

The Foundation e-learning programme has been developed by the Academy of Medical Royal Colleges in partnership with Health Education England e-Learning for Healthcare (HEE e-LfH) and is approved by UKFPO.

The e-learning sessions in Professional Capability: 15 – is trained and manages cardiac and respiratory arrest. This is about knowing when not to resuscitate and how to manage this, particularly in relation to discussions with a patient and their family. The second session covers the management of issues surrounding a patient with possible tuberculosis and what to think about when considering appropriate respiratory isolation.

The e-learning sessions in Professional Capability: 16 – demonstrates understanding of the principles of health promotion and illness prevention. This describes the risk factor for diseases with sessions on smoking, substance misuse, alcohol, and lifestyle.

The e-learning sessions in Professional Capability: 17 – manages palliative and end of life care. This is aimed at helping doctors to develop the skills and understanding they need to give dying patients and their families care and comfort in their grief. It also considers the diversity of patients met in practice and identifies key cultural, spiritual and religious feelings and rituals.

**Sessions:**

Medication History Taking and Prescribing on Admission  
Discussing 'Do Not Attempt CPR' Decisions  
Infection Control: Air and Blood Borne Pathogens  
Enabling Smoking Cessation  
Risk Factors in Disease  
Screening  
Health Needs, Demands and Resource  
Management of Substance Misuse  
Management of Alcohol Misuse  
Managing Obesity: Guiding and Enabling Behaviour Change  
Alcohol Facts  
Alcohol IBA - Assessment  
Bereavement Process  
Cultural and Religious Diversity and Bereavement.

Do you need to complete parts of the curriculum on your e-portfolio which you do not cover in day-to-day practice? If so why not try some of our free e-learning mapped directly to the Foundation Professional Capabilities (Training Outcomes) in the 2016 Foundation Curriculum.

You can sign in to the e-learning with your login supplied by e-LfH at the beginning of your foundation training: <https://www.e-lfh.org.uk/programmes/foundation-programme/>.